

# Full Circle Seminars, LLC

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## Introduction to Shadow Work®

Saturday, March 31, 2012 - 10:00 AM to 4:00 PM

This one-day workshop is co-ed and offered to anyone interested in learning more about the theory behind Shadow Work® and the four archetypes (Magician, Sovereign, Lover, and Warrior) that Shadow Work® is based on. Whether we're facilitators, coaches, teachers, parents, or just want to know ourselves better, Shadow Work® theory can help us understand the human psyche and have more awareness of how we relate to others. While we will not be doing actual Shadow Work® processes, we will enjoy a day of discussion and some experiential learning. There is no prerequisite for attendance. You don't have to have done the New Warrior Training Adventure or a women's training such as Woman Within® or Women In Power®.

### **The Facilitators & Stewards of Full Circle Farm & Seminars:**

**Dave McFarren** is a Certified Shadow Work® Group Facilitator. He did the New Warrior Training Adventure (NWTa) weekend in March, 1999 and has been facilitating personal work ever since, staffing many NWTa weekends and taking several follow-on/leadership trainings. He teaches the Basic Carpet Facilitation for I-Groups training, which is based on Shadow Work® methodology.

**Chrissy McFarren** is a Certified Shadow Work® Group Facilitator. She is leader/co-leader/creator of many workshops/circles/rituals & ceremonies. She also facilitates co-ed Shadow Work® weekends /one day workshops. She has over 25 years of horse experience and continues her work in natural horsemanship training and working with the healing powers of the horse-human connection through equine assisted personal growth work. In addition, Chrissy is a visionary artist who creates artwork for the promotion of balance on this earth and she can be hired to create custom art pieces

### **Comments about Shadow Work® seminars facilitated by Dave & Chrissy McFarren**

*"Dave and Chrissy work together with amazing balance...a special innate talent they possess as a team, where each of their already stellar abilities merge to become more than the sum of the parts."* D.K.

*"Chrissy and Dave seem to be naturals at Shadow Work®. They create a safe container, are passionate about this work, and do it with love and integrity."* D.M.

*"I have never before experienced such a unique balance of safety, gentleness, and power that Chrissy and Dave McFarren create in their Shadow Work® retreats. They offer an inspiring balance of male and female energy, working exceptionally well together in co-leadership."* P.S.

The cost is \$75/person (please bring your own lunch – we will provide drinks & snacks)

To register and pay using PayPal® or a credit card, go to [www.full-circle-seminars.com](http://www.full-circle-seminars.com). You'll also find driving directions to Full Circle Seminars there, or you can enter 164 Boyer Lane, Summit Point, WV 25446 into a mapping website. You can also register by calling us at 304-728-9812, or by email at [info@full-circle-seminars.com](mailto:info@full-circle-seminars.com).

*(Not affiliated with Women in Power, Mankind Project, or East Coast Sage Circle)*