

Full Circle Seminars, LLC

presents

Introduction to Shadow Work®

Saturday, August 28, 2010 - 10:00 AM to 4:00 PM

This one-day workshop is co-ed and offered to anyone interested in learning more about the theory behind Shadow Work® and the four archetypes (Magician, Sovereign, Lover, and Warrior) that Shadow Work® is based on. Whether we're facilitators, coaches, teachers, parents, or just want to know ourselves better, Shadow Work® theory can help us understand the human psyche and have more awareness of how we relate to others. While we will not be doing actual Shadow Work® processes, we will enjoy a day of discussion and some experiential learning. There is no prerequisite for attendance. You don't have to have done the New Warrior Training Adventure or a women's training such as Woman Within® or Women In Power®.

The Facilitators & Stewards of Full Circle Farm & Seminars:

Dave McFarren is a Certified Shadow Work® Group Facilitator. He did the New Warrior Training Adventure (NWTa) weekend in March, 1999 and has been facilitating personal work ever since, staffing many NWTa weekends and taking several follow-on/leadership trainings. He and fellow New Warrior brother Rhett Bigler teach the Basic Carpet Facilitation for I-Groups training, which is based on Shadow Work® methodology.

Chrissy McFarren is a Certified Shadow Work® Group Facilitator. She has over 10 years of experience in the field of personal healing work including the continued healing of her own trauma and PTSD. She is leader/co-leader/creator of many workshops/circles/rituals & ceremonies, and also offers personal process facilitation for individuals. Chrissy is on the facilitation team for the women's training, Women in Power. Chrissy has over 25 years of experience working with horses and offers her clients equine assisted personal growth work.

Comments about Shadow Work® seminars facilitated by Dave & Chrissy McFarren

"Dave and Chrissy work together with amazing balance...a special innate talent they possess as a team, where each of their already stellar abilities merge to become more than the sum of the parts." D.K.

"Chrissy and Dave seem to be naturals at Shadow Work®. They create a safe container, are passionate about this work, and do it with love and integrity." D.M.

"I have never before experienced such a unique balance of safety, gentleness, and power that Chrissy and Dave McFarren create in their Shadow Work® retreats. They offer an inspiring balance of male and female energy, working exceptionally well together in co-leadership." P.S.

The cost is \$75/person (please bring your own lunch – we will provide drinks & snacks)

To register and pay using PayPal® or a credit card, go to www.full-circle-seminars.com. You'll also find driving directions to Full Circle Seminars there, or you can enter 164 Boyer Lane, Summit Point, WV 25446 into a mapping website. You can also register by calling us at 304-728-9812, or by email at info@full-circle-seminars.com.

(Not affiliated with Women in Power, Mankind Project, or East Coast Sage Circle)